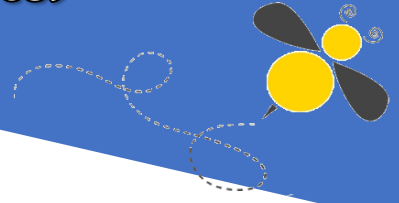


Capture those moments

Social and emotional resources



Terms for using this resource

Please do not copy or share this resource in any format, including the internet.

Please direct people to the website so they can download their own copy.

Thank you for your co-operation on this.

This is a resource for #elsafreefriday



[ELSA Website](#)



[ELSA Facebook Page](#)

[ELSA Twitter](#)

[ELSA Facebook TA Group](#)

[ELSA Pinterest](#)

[ELSA Parent group](#)

Instagram: [elsa_support](#)

Facebook ELSA Secret Group: Contact info@elsa-support.co.uk for your invitation

Clipart Credit to



Things I can control

My play

My ideas

My goals

My effort

My words

My actions

My dreams

My exercise

My manners

My kindness

My honesty

My thoughts

My gratitude

My helpfulness

My voice levels

My listening skills

My tone of voice

My friendship skills

My ability to express my feelings



Things I can't control

