

### **Swimming and Water Safety Standards 2018-19**

Swimming is an important skill and can encourage a healthy and active lifestyle. Stafford Leys Primary School provide swimming instruction in Year 3. An intervention group in the Year 6 cohort was carried out.

The programme of study for PE sets out the expectation that pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres;
- use a range of strokes effectively (for example, front crawl, backstroke and breaststroke);
- perform safe self-rescue in different water-based situations.

<b>Swimming and Water Safety Standards</b>	<b>% of Pupils Who Achieved the Standard</b>
Pupils can swim competently, confidently and proficiently over a distance of at least 25 metres	88%
Pupils can use a range of strokes effectively (for example, front crawl, back stroke and breast stroke)	70%
Pupils can perform safe self-rescue in different water-based situations	100%