

Central Autumn
Winter Menu 2024
2025

WEEK ONE


28/10/2024
18/11/2024
09/12/2024
13/01/2025
03/02/2025
03/03/2025
24/03/2025

MONDAY

NEW Tomato & Vegetable Pasta 

 Mexican Fajitas with Rice  

Vegetables of the Day

Blackberry and Apple Crumble with Custard 

TUESDAY

Cottage Pie with Gravy 

 Vegetable Cottage Pie 

Vegetables of the Day

Melting Moment Biscuit

WEDNESDAY





Peri Peri or BBQ Chicken or Peri Peri or BBQ Quorn with Diced Seasoned Potatoes & Sweetcorn Salsa 

Vegetables of the Day

Fruit Platter 

THURSDAY

Meatballs in Tomato Sauce with Rice 

 **NEW** Cheese and Broccoli Pasta with Garlic Bread

Vegetables of the Day

Carrot and Courgette Cake

FRIDAY

Salmon Fishfingers/ Fishfingers with Chips & Tomato Sauce



 Mexican Bean Roll with Chips & Tomato Sauce 


Vegetables of the Day

Chocolate Orange Cookie 

WEEK TWO

04/11/2024
25/11/2024
16/12/2024
20/01/2025
10/02/2025
10/03/2025
31/03/2025

Classic Cheese and Tomato Pizza  

Or Rainbow Pizza With Potato Wedges 

Vegetables of the Day

Marble Sponge Cake with Custard



NEW Chicken Pasta Bake with Garlic Bread

 Chinese Vegetable Curry with Rice 

Vegetables of the Day

Jelly with Mandarins 

Fish fingers

 Cheese and Tomato Quiche With Potato wedges 

Vegetables of the Day

Fruit Medley 



Chicken Tikka Masala with Rice  

 **NEW** Mild Mexican Chilli with Rice  

Vegetables of the Day

Peach Cake

Pork Sausages with Chips & Tomato Sauce

Vegan Sausage with Chips & Tomato Sauce  




Vegetables of the Day

Oaty Cookie  

WEEK THREE

11/11/2024
02/12/2024
06/01/2025
27/01/2025
24/02/2025
17/03/2025
07/04/2025

Macaroni Cheese



 Plant Balls in Tomato Sauce with Rice  

Vegetables of the Day

Chocolate and Beetroot Brownie





NEW Mild Caribbean Chicken with Rice and Peas

 **NEW** Caribbean Butterbean Stew with Rice and Peas 

Vegetables of the Day

Sticky Toffee Apple Crumble with Custard 




Roast of the Day with Stuffing, Roast Potatoes and Gravy

 **NEW** Hot Pot Baked Bean Casserole with Rice 

Vegetables of the Day

Fruit Salad 



Spaghetti Bolognese 

 Vegetable Bolognese  

Vegetables of the Day

Iced Biscuit

Breaded Fish with Chips & Tomato Sauce

 Cheese and Pepper Omelette with Chips & Tomato Sauce 

Vegetables of the Day

Vanilla Shortbread 

MENU KEY



Added Plant Power



Wholemeal



Vegan



Lowest Carbon Footprint Option

Freshly cooked Jacket Potato with a choice of fillings, Monday, Wednesday, and Friday. Tuesday and Thursday Filled Wrap or Baguette - Bread freshly baked on site daily- Daily salad selection -Fresh fruit and Yogurt

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.