

Swimming and Water Safety Standards 2024-25

Swimming is an important skill and can encourage a healthy and active lifestyle.

The programme of study for PE sets out the expectation that pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres;
- use a range of strokes effectively (for example, front crawl, backstroke and breaststroke);
- perform safe self-rescue in different water-based situations.

Swimming and Water Safety Standards	% of Year 6 Pupils Who Achieved the Standard
Pupils can swim competently, confidently and proficiently over a distance of at least 25 metres	82%
Pupils can use a range of strokes effectively (for example, front crawl, back stroke and breast stroke)	83%
Pupils can perform safe self-rescue in different water-based situations	95%